

Vernon College
Assessment Activity/Report Communication Form
2019-2020

Evaluation of the CCC Fitness Center and

Title: Usage

Date of completion: March 2, 2020

Highlights of data:

The Century City Fitness Center had a total of 3,334 visits from students, faculty, and community members for 2019 from July 2019 through December 2019. There were 3900 personal training visits for a total number of 7234 visits. Century City gym visits are significantly lower due to some outside factors. The Coordinator for the Century City Fitness Center resigned in May of 2019. Vernon College hired a new Coordinator in July of 2019. Actual documentation of numbers could not be found for the months of January to June of 2019. In addition to this change, the online system was moved back to the Herring Bank system in September of 2019. These changes created much loss in documented numbers for the usage of the Century City Gym for 2019. Personal training numbers remain steady at 3900 and up to date as the trainers continue to keep documentation of their personal usage with clients. Usage remains highest during the main semester months of February, March, April, and September, October, November. Paper sign in sheets remain in use for greater parts of January and August due to timing of semesters, and students to be confirmed in the Vernon College admissions system for free usage of the gym.

Personal training data continues to be provided for tracking purposes.

Use of data:

Accademia software, which was used to track gym visits, was terminated in September of 2019. The Century City Fitness Center was the only entity utilizing this software, so a financial decision was made to terminate the contract. Century City Fitness Center has moved back to using the Herring Bank online system Campus Commerce to track usage of the gym. We will also use this tracking to aid instructors in fitness and health core courses for students. This data can also be broken down to daily and monthly usage with Campus Commerce.

How associated to Student Success?

Each Century City Center student has access to the CCC Fitness Center. Faculty and community can obtain memberships through CE or admissions. CCC Fitness Center provides a place for fitness classes and other ways to improve health. CCC Fitness staff helps VC instructors to create reports for attendance in core fitness and health courses offered by Vernon College. Finally, in conjunction with CE, the CCC Fitness Center has become a place for students to get information about upcoming events and other community events that put Vernon College on the community map.

Where the report can be found: Continuing Education office, CCC Fitness Center

Submitted by: Nina Feldman **Date:** 3/3/2020

- * To be shared with the Student Success Data and College Effectiveness Committees as well as Vernon College constituents.

Vernon College
Assessment Activity/Report Communication Form
2019-2020

(Responsible Party)

**Received by Office of Institutional
Effectiveness:**

March 3, 2020

(Date)

Posted to VC Website*:

March 3, 2020

(Date)

* To be shared with the Student Success Data and College Effectiveness Committees as well as Vernon College constituents.